



# GCW VISITS WITH MD

## **NEW PATIENT VISIT WITH MD - \$275**

This new patient visit includes 45 minutes with your doctor. Our first meeting will be an in-depth conversation with Dr. Pavilonis to learn about you. We'll start with a review of your health history, current concerns, and any steps you've already tried to achieve your desired wellness. Together we'll review your health goals, develop a diagnostic plan, and discuss suggested next steps to get you well. Dr. Pavilonis will help you decide which of our wellness programs best suits your needs based on your medical issues and the level of staff interaction and support you want or need.

## **4-MONTH MEMBERSHIP\* WITH MD AND FUNCTIONAL NUTRITIONIST- \$5000**

This membership includes monthly appointments with Dr. Pavilonis, a comprehensive Diagnostic stool test, and access to our Metabolic Reset Program or Detoxification Program. It is well-suited for those with gastrointestinal issues, inability to lose or gain weight, hormonal imbalances, infertility, chronic fatigue, skin disorders, and autoimmune conditions. Clients will learn how to get to the root cause of their health issues and improve their health in the most holistic way possible. An essential part of this program is mentoring — a blend of health coaching and medicine, which has proven to be highly effective for people who have not reached their goals yet and want personalized medical evaluation combined with coaching and support to help them get there.

## **6-MONTH MEMBERSHIP\* WITH MD AND FUNCTIONAL NUTRITIONIST \$7500**

This membership includes unlimited follow-up visits and correspondence with the Dr and her staff, comprehensive lab workups including one stool, one mold, and one hormone testing ( repeat tests are NOT included), and access to our Metabolic Reset Program or Detoxification Program. This program is for those with chronic complex health issues who are tired of being sick and eager to transform their health truly. These patients often have more complex histories or medical issues that benefit from the deepest dive possible. The decision to fight chronic illness is significant – it takes commitment and persistence. This program includes unlimited physician and nutritionist visits, functional medicine curriculum-driven education, an individualized nutrition and detox program, testing, and supplements based on test results. It's designed to offer maximum support to reach your goals, surrounded by Dr. Pavilonis and our team.

## **A LA CARTE FIRST FOLLOW-UP VISIT WITH MD \$1200**

This option includes 90-120 minutes with a Medical Doctor to analyze your advanced test results and create your customized health optimization plan. It also includes a 75-minute visit with our Functional Nutritionist. We usually recommend this option for generally healthy patients wanting to go through a comprehensive checkup for disease prevention and lifestyle optimization.

## **A LA CARTE SUBSEQUENT FOLLOW-UP VISIT WITH MD - \$250-\$500**

This option includes 30-60 minutes with a Medical Doctor to analyze your subsequent follow-up test results, assess the healing progress, and customize a follow-up care plan.



# GCW VISITS W/ NATUROPATHIC DOCTOR



## **NEW PATIENT VISIT WITH ND - \$275**

This new patient visit includes 45 minutes with your doctor. Our first meeting will be an in-depth conversation with Dr. Dec or Dr. Galina Mahlis to learn about you. We'll start with a review of your health history, current concerns, and any steps you've already tried to achieve your desired wellness. Together we'll review your health goals, develop a diagnostic plan, and discuss suggested next steps to get you well. Naturopathic doctors will help you decide which of our wellness programs best suits your needs based on your medical issues and the level of staff interaction and support you want or need.

## **4 MONTHS MEMBERSHIP\* WITH NATUROPATHIC DOCTOR- \$2500**

This membership option includes monthly appointments with a naturopathic doctor, a comprehensive Diagnostic stool test, and access to our Metabolic Reset Program or Detoxification Program. This program is particularly well-suited for those with gastrointestinal issues, inability to lose or gain weight, hormonal imbalances, infertility, chronic fatigue, skin disorders, and autoimmune conditions. Clients will learn how to get to the root cause of their health issues and improve their health in the most holistic way possible. An essential part of this program is mentoring — a blend of health coaching and medicine, which has proven to be highly effective for people who have not reached their goals yet and want personalized medical evaluation combined with coaching and support to help them get there.

## **6 MONTHS MEMBERSHIP\* WITH NATUROPATHIC DOCTOR- \$5000**

This membership option includes unlimited follow-up visits and correspondence with Naturopathic Doctor, comprehensive labs including one stool, one mold, and one hormone testing (repeat tests are NOT included), and access to our Metabolic Reset Program or Detoxification Program. This program is for those with chronic complex health issues which are tired of being sick and are eager to transform their health truly. These patients often have more complex histories or medical issues that benefit from the deepest dive possible. The decision to fight chronic illness is significant — it takes commitment and persistence. This program includes unlimited physician and nutritionist visits, functional medicine curriculum-driven education, an individualized nutrition and detox program, testing, and supplements based on test results. It's designed to offer maximum support to reach your goals, surrounded by Dr. Dec, Dr. Galina Mahlis, and our team.

## **A LA CARTE FIRST FOLLOW-UP VISIT WITH NATUROPATH - \$690**

This option includes 90-120 minutes with a Naturopathic Doctor to analyze your advanced testing and customized health optimization plan. It also includes a 75-minute visit with our Nutritionist.

## **A LA CARTE SUBSEQUENT FOLLOW-UP VISIT WITH NATUROPATHIC DOCTOR- \$250**

This option includes 30-60 minutes with a Naturopathic Doctor to analyze your subsequent follow-up test results, assess the healing progress, and customize a follow-up care plan.